

Ocular Surface Disease Index© (OSDI©)

A. Have you experienced any of the following *during the last week*:

	All of the time	Most of the time	Half of the time	Some of the time	None of the time
1. Eyes that are sensitive to light?	4	3	2	1	0
2. Eyes that feel gritty?	4	3	2	1	0
3. Painful or sore eyes?	4	3	2	1	0
4. Blurred vision?	4	3	2	1	0
5. Poor vision?	4	3	2	1	0

Subtotal score for answers 1-5 _____

B. Have your eyes limited you in performing any of the following *during the last week*:

	All of the time	Most of the time	Half of the time	Some of the time	None of the time	
6. Reading?	4	3	2	1	0	n/a
7. Driving at night?	4	3	2	1	0	n/a
8. Working with a computer or ATM?	4	3	2	1	0	n/a
9. Watching TV?	4	3	2	1	0	n/a

Subtotal score for answers 6-9 _____

C. Have your eyes felt uncomfortable in any of the following situations *during the last week*:

	All of the time	Most of the time	Half of the time	Some of the time	None of the time	
10. Windy conditions?	4	3	2	1	0	n/a
11. Places with low humidity (very dry)?	4	3	2	1	0	n/a
12. Areas that are air conditioned?	4	3	2	1	0	n/a

Subtotal score for answers 10-12 _____

D. Add subtotals of A,B, and C (Sum of scores from all questions answered) _____

E. Total Number of questions answered (do not include questions answered n/a) _____

Evaluating the OSDI Score

The OSDI is assessed on a scale of 0 to 100, with higher scores representing greater disability. The index demonstrates sensitivity and specificity in distinguishing between normal patients and patients with dry eye disease. The OSDI © is a valid and reliable instrument for measuring dry eye disease severity (normal, mild to moderate, and severe) and effect on vision-related function

Assessing Your Patient's Dry Eye Disease

Use your answers D and E from Patient form to compare the sum of scores for all questions answered (D) and the number of questions answered (E) with the chart below. Find where your patient's score would fall. Match the corresponding shade of red to the key below to determine whether your patient's score indicates normal, mild, moderate, or severe dry eye disease ***Couldn't do shades of red on the google document so I color coded it - but we have these sheets in the office!**

E↓										
12	10.4	20.8	31.3	41.7	52.1	62.5	72.9	83.3	93.3	100.0
11	11.4	22.7	34.1	45.5	56.8	68.2	79.5	90.9	100	
10	12.5	25.0	37.5	50.0	62.5	75.0	87.5	100		
9	13.9	27.8	41.7	55.6	69.4	83.3	97.2			
8	15.6	31.3	46.9	62.5	78.1	93.8	100			
7	17.9	35.7	53.6	71.4	89.3	100				
6	20.8	41.7	62.5	83.3	100					
5	25.0	50.0	75.0	100						
4	31.3	62.4	93.8							
3	41.7	83.3								
2	62.5									
1										
D →	5	10	15	20	25	30	35	40	45	48

Normal-----Mild-----Moderate-----Severe

Schiffman RM, Christianson MD, Haconsen G, Hirsch JD, Reis BL. Reliability and validity of the Ocular Surface Disease Index. *Arch Ophthalmol.* 2000;118:615-621

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